

SUGGESTED TECH AND PREPARATION INFORMATION

To Prepare For

Dr. Andrew T. Weil

General Note

Courtesy Announcement Prior to the Program:

For the full enjoyment of the speaker, please turn off all cell phones and mobile devices and refrain from text messaging or use of laptop computers. As is customary in venues presenting entertainment, please be advised that the use of recording devices is strictly prohibited

Podium

Dr. Weil would like to have a podium/lectern for his presentation. Also do have a reading light fixture attached to the podium.

Microphone

Dr. Weil will need a lavalier microphone (lapel microphone). Please also have either a detachable microphone or an additional lavalier for back-up.

Lighting

During the program, the stage area should be well-lit and the audience lights should be slightly dimmed. During the question-and-answer period, all lights should be brought up.

Water

Please have a glass and a pitcher of water on or near the podium.

Media Opportunities

If a press opportunity is being scheduled, please do advise Royce Carlton. All requests for press availability should come through the sponsor. The best time for a press conference is 30 minutes before dinner or pre-lecture reception, if such an activity is planned. If a dinner or pre-lecture reception is not planned, then the best time is 45 minutes prior to the program. Please limit the press conference to 15-20 minutes and no longer. The host should be nearby to curtail the press conference in the event that it goes beyond the allotted time.

Prior to Program

Dr. Weil would like to have 30 minutes to himself prior to his program.

Social Activities

Dr. Weil enjoys being with people in a social setting (dinner, reception, etc.), but please be certain that any and all activities have been cleared and agreed to with your Royce Carlton representative.

Accommodations

Please provide Dr. Weil with two suites for two nights if at all possible.

Book and Book Signings

Dr. Weil is more than delighted to participate in a book signing. The book selling area and the book signing area should be located in two separate places as to avoid bottle necking. In securing copied of Dr. Weil's books, please contact your local bookseller. In most cases, they are more than delighted to send personnel to handle the sales and signing of the books. Please see Dr. Weil's "In Print" page located on the Royce Carlton website for titles.

Suggested Introduction

Andrew Weil was born in Philadelphia in 1942, received an A.B. degree in biology from Harvard in 1964 and an M.D. from Harvard Medical School in 1968. After completing a medical internship, he worked a year with the National Institute of Mental Health, then wrote his first book, *The Natural Mind*. As a Fellow of the Institute of Current World Affairs, Dr. Weil traveled widely in North and South America and Africa collecting information on drug use in other cultures, medicinal plants, and alternative methods of treating disease.

Presently, Dr. Weil is Director of the Arizona Center for Integrative Medicine at the College of Medicine, University of Arizona, where he is also Professor of Public Health and Clinical Professor of Medicine. The Center is the leading effort in the world to develop a comprehensive curriculum in integrative medicine. He maintains and directs a popular website, DrWeil.com. He is a regular columnist for *Prevention* magazine and frequently appears on radio and television talk shows.

Andrew Weil is the author of thirteen books. In his book, *Healthy Aging: A Lifelong Guide to Your Physical and Spiritual Well-Being*, a #1 New York Times bestseller, Dr. Weil offers the advice, information, and support that you need to begin maximizing your health and well-being, whatever your age. According to Dr. Weil, the process of aging is a biological fact; anti-aging remedies cannot reverse the physical changes that come with growing older. He believes we can age with grace and will offer insights as to how we can delay the onset of age-related disease and discomfort, and what we might expect life spans to be like in the future. His latest book, *Why Our Health Matters: A Vision of Medicine That Can Transform Our Future*, identifies what has gone wrong with healthcare in America and offers a realistic vision of how we can achieve optimum health through personal responsibility and a new model of medicine.

Please welcome... DR. ANDREW WEIL